



HSE Learning Ladder

Course		Duration	Course		Duration
Supervisory & Management Staff	HSE Orientation for Supervisory Staff (ORTS)	16 Hours	NON Supervisory Staff	HSE Orientation	16 Hours
	H2S	8 Hours		H2S	8 Hours
	HSELF or HSELM	6 Days			

Employee who are required to take ORT are:

* All new employees

* Staff whose IFR and DHR has expired before 1st August 2015. If the expiry of those two courses is after this date, no need to attend ORT

H2S Attend only if required or

deployment will be in designated H2S zone

Level 1 Courses Schedule

Course	Date	Language	Time Start	Duration
HSE Orientation	03,05,10,12,17,19,24,26,31	English	8.00 am	16 Hours
HSE Orientation	03,05,10,12,17,19,24,26,31	Arabic	8.00 am	16 Hours
HSE Orientation	03,04,05,06,10,11,12,13,17,18,19,20,24,25,26,27,31	Hindi	8.00 am	16 Hours
H2S	05,07,12,14,19,21,26,28	English	8.00 am	8 Hours
H2S	03,05,07,10,12,14,17,19,21,24,26,28,31	Arabic	8.00 am	8 Hours
H2S	03,05,07,10,12,14,17,19,21,24,26,28,31	Hindi	8.00 am	8 Hours
SCBA	On request	English	8.00 am	8 Hours
SCBA	06,13,20,27	Arabic	8.00 am	8 Hours
CHA	07,14,21,28	E/A/H	1.00 pm	3 Hours
FW	04,11,18,25	Arabic	8.00 am	½ day
FW	07,14,21,28	English	8.00 am	½ day
NORMA	07,14,21,28	E/A/H	8.00 am	2 Hours
AHA	03,10,17,24,31	English	8.00 am	14 Hours
AHA	05,19	Arabic	8.00 am	14 Hours
H2SR	Everyday	E/A/H	3:30 PM	1 Hour

Level 2 Courses Schedule

Course	Date	Language	Time Start	Duration
HSELF	10	English	8.00 am	5 Days
HSELM	10	English	8.00 am	5 Days
AGT	17	English	8.00 am	16 Hours

PTWS	19	English		8.00 am		16 Hours
PTWH	24	English		8.00 am		16 Hours
NORMS	On request	English				5 Hours
CHAS	On request	E/A/H				8 Hours
EA	On request					8 Hours
HRA	On request					12 Hours
NEBOSH Award	On request	E/A				4 days
NEBOSH Award Exam	On request					1 day
NEBOSH IGC	Call for query	E/A				2 Weeks
NEBOSH IGC Exam	Call for query	E/A				1 day

I would like to inform about our flexibility in service for booking courses, this would be an added advantage to your company. We Safety Technical Services conduct all these courses almost every day of the week.

You may also book a month in advance for a particular course as per your company's requirements, or send a list of your candidates to be trained on a date convenient for you and we will do the rest on behalf of you.

If there is any further that can assist you with, please do not hesitate to contact Jenny on **24494517, 24493720, 24493972** or you can email at **training@safetyoman.com**



الشركة الفنية لخدمات السلامة ش.م.م.
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 Seeb Code III, Sultanate of Oman. Email: info@safetyoman.com

January 2018

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H2S Attend only if required or

deployment will be in designated H2S zone

Level 1 Courses Schedule

Course	Date	Language	Time Start	Duration
HSE Orientation	02,07,09,14,16,21,23,28,30	English	8.00 am	16 Hours
HSE Orientation	02,07,09,14,16,21,23,28,30	Arabic	8.00 am	16 Hours
HSE Orientation	01,02,03,07,08,09,10,14,15,16,17,21,22,23,24,28,29,30,31	Hindi	8.00 am	16 Hours
H2S	02,04,09,11,16,18,23,25,30	English	8.00 am	8 Hours
H2S	02,04,07,09,11,14,16,18,21,23,25,28,30	Arabic	8.00 am	8 Hours
H2S	02,04,07,09,11,14,16,18,21,23,25,28,30	Hindi	8.00 am	8 Hours
SCBA	On request	English	8.00 am	8 Hours
SCBA	03,10,17,24,31	Arabic	8.00 am	8 Hours
CHA	04,11,18,25	E/A/H	1.00 pm	3 Hours
FW	01,08,15,22,29	Arabic	8.00 am	½ day
FW	On request	English	8.00 am	½ day
NORMA	04,11,18,25	E/A/H	8.00 am	2 Hours
AHA	07,14,21,28	English	8.00 am	14 Hours
AHA	02,16,30	Arabic	8.00 am	14 Hours
H2SR	Everyday	E/A/H	3:00 PM	1 Hour

Level 2 Courses Schedule

Course	Date	Language	Time Start	Duration
HSELF	14	English	8.00 am	5 Days
HSELM	14	English	8.00 am	5 Days
AGT	21	English	8.00 am	16 Hours

PTWS	23	English		8.00 am		16 Hours
PTWH	28	English		8.00 am		16 Hours
NORMS	On request	English				5 Hours
CHAS	On request	E/A/H				8 Hours
EA	On request					8 Hours
HRA	On request					12 Hours
NEBOSH Award	On request	E/A				4 days
NEBOSH Award Exam	On request					1 day
NEBOSH IGC	Call for query	E/A				2 Weeks
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